**I Am Alone… Remember in this that all of these thoughts are in the area of the MIND. Which is your SOUL. The battleground**

**Some people believe the Lie:**

**“Loneliness ---** means I am alone.”

**The Truth:** “Loneliness strips away the external comfort of those around me, driving me to find comfort in Christ alone

***2 Corinthians 1:3-4***

**3**Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort,

**4**who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

There are times when God **allows us** to feel alone.

That is in terms of the **world around us.**

However, despite our extreme dislike of loneliness,

God’s grace sometimes allows it for a season, to drive us deeper into his Word and prayer in search of a **hope-filled** and **life-giving** oneness with him.

Christ knows we cannot find **true** and **lasting** **comfort** in anyone but himself, since he is the only one who is the **God of *all* comfort**.

*By removing the* ***earthly comfort*** *of those around us, the Lord moves us in one of two directions:*

1. *towards a* ***deeper intimacy*** *with our Savior, or*
2. *towards the* ***unveiling*** *of an* ***unrepentant*** *heart,*

If you feel alone in your suffering, **thank God** that he loves you enough to **allow** this time in your life to draw you nearer to Him.

He does not do this out of harshness,

but out of desire to increase your faith and provide for you what only He can give.

**HAVE YOU EVER HAD THAT THOUGHT**

**No One Understands… The pity Party, we all have these moments through our life.**

**The Lie:** “I am the only one who has suffered like this, and no one will ever be able to understand my pain.”

**The Truth:** “Christ will not ask us to suffer anything He himself has not already suffered, and many who have gone before us have endured similar or harder roads than I have in order to bring us to the comfort they received in Christ.”

One of the reasons temptation arises is because often we don’t know many people, if any, in our immediate circle of friends, family, or even acquaintances who have been called to endure the specific burden that we’ve been given to carry.

Even if we do happen to know another person who can relate to our pain, different temperaments and levels of maturity in our faith provide for unique experiences and responses within the same general trial.

Therefore, although the reality is that others may have lived through a similar form of suffering, in our eyes, no one can completely understand our own.

*If the enemy can make us believe that, there is truly* ***no one*** *who can* ***understand****, it will* ***tempt us*** *to* ***shut others out****, even those whom* ***God has provided for us as support*** *and encouragement.*

The danger of this isolation is that it will lead us **away** from people who **surround us with truth** when we most **need it**, sending us towards **bitterness, depression, hardness, regret, and, ultimately, uselessness in the kingdom of God.**

Therefore, we must remind ourselves of this truth:

***2 Corinthians 1:5-6***

**5**For just as we share abundantly in the sufferings of Christ, so also our comfort **abounds through Christ**.

**6**If we are **distressed,** it is for your comfort and salvation; if we are comforted, it is for your comfort, which produces in you **patient endurance** of the same sufferings we suffer.

Jesus Christ is the only one who can enter into our pain, fully and completely.

He alone knows our heart, our temperament, our insecurities, our fears, our emotions, and our desires.

So we fight the temptation to withdraw by first realizing that **Christ alone** can fill the deep holes left by the heartaches of life. When we realize that **only Christ** can bring us true and eternal comfort, we free people from having to meet our expectations.

And when we free people from meeting our expectations, our eyes are opened to the **gift of the body of Christ** and his provision of **comfort** given through his people.

Our Savior does not comfort us by cheering us on from a distance. Instead, he **comforts** **us** with the **assurance** of **our salvation**, the **power** of the **Holy Spirit**, and the **body of Christ**, providing us with **strength, courage, and boldness**.

Who is the body of Christ? (the Church). The reason He says in

**Hebrews 10:25** New International Version (NIV)

**25**not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

**You may think- God Must Not Be Loving… if He allows this**

**The Lie: “**A loving God wouldn’t make me take such a lonely road.

If He really loves me, He will always provide support, encouragement, and understanding from those around me.”

**The Truth:** “A loving God sent his own Son down the loneliest road ever known to man so that I would never have to walk any road alone.”

**Hebrews 12:3** New International Version (NIV)

**3**Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

*A*part from the **grace** of Jesus Christ, none of our suffering in this life would have any **purpose, value, or hope**.

But because of **the gospel**, **it does!**

*So, rather than seeing these seasons of loneliness as our enemy and something to avoid at all cost, we can see it as a* ***privilege*** *and calling to walk the* ***lonely road of Calvary*** *with* ***our Savior****.*

He allows us to experience **glimpses of the path** he walked so that we can also **experience the great comfort** and **reward** that will be ours for eternity in him.

**The thought - I Don’t Have Enough Faith…**

**The Lie:** “If I feel alone, I must not have enough faith.”

**The Truth:** “Holding **fast to Jesus** despite loneliness, proclaims to the those around us, that he is worth the lonely path we walk.

I can experience and share the walk with my Savior, who walked the painful and lonely road to Calvary for my **salvation, hope, and comfort**.

It is an **honor** and a **privilege** to be called to **walk** in **His footsteps** because it **assures us** that we are **children of God.**”

**John 16:32-33** New International Version (NIV)

**32**“A time is coming and in fact has come when you will be scattered, each to your own home. You will leave me all alone. Yet I am not alone, for my Father is with me.

**33**“I have told you these things, so that in me you may have peace.

In this world you will have trouble.

But take heart! I have overcome the world.”

Even the loneliness we experience on these **painful roads** is **ordained** by the **loving hand of God**.

Although we feel alone, we are **never** truly are **abandoned**.

At times He allows these seasons to produce in his children **endurance**, **strength, unwavering faith**,

Loneliness **reminds us** that this world is **not our home**, that we have been **commissioned** to spread of the gospel in the place and time marked out for us.

*Loneliness is* ***not hopelessness*** *and does not* ***defeat us*** *but instead* ***empowers us*** *to know Christ more and make* ***Him known*** *to those around us who are watching.*

There are some incredibly **painful, lonely** roads that some of us are asked to walk.

We sometimes experience this loneliness in a very **real** and **raw** way in our Live’s.

I’m not saying these things to simply **“teach”** the correct way to handle the loneliness many of us feel.

My hope is that you will be **encouraged, strengthened**, and **determined** not to give way to the **lies** of the **loneliness** **of pain**, but allowing it instead, to magnify the **gospel in your life**.

Have you found yourself believing any of these lies in your own season of loneliness?

 Whether you are going through something hard that you do not think anyone else understands or you are facing a change in life where you just feel alone, God's Word provides hope and strength.

There is someone who is closer than a brother and is always with You - Jesus Christ is our ...Lord, Savor our redeemer

# ‎**Romans 8:31-38** New International Version (NIV)

**31**What, then, shall we say in response to these things? If God is for us, who can be against us?

**32**He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?

**33**Who will bring any charge against those whom God has chosen? It is God who justifies.

**34**Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us.

**35**Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?

**36**As it is written:

“For your sake we face death all day long;  
    we are considered as sheep to be slaughtered.”[[a](https://www.biblegateway.com/passage/?search=Romans+8%3A31-38&version=NIV#fen-NIV-28153a)]

**37**No, in all these things we are more than conquerors through him who loved us.

**38**For I am convinced that neither death nor life, neither angels nor demons,[[b](https://www.biblegateway.com/passage/?search=Romans+8%3A31-38&version=NIV" \l "fen-NIV-28155b" \o "See footnote b)]neither the present nor the future, nor any powers,

**1 Samuel 12:22** New International Version (NIV)

**22**For the sake of his great name the Lord will not reject his people, because the Lord was pleased to make you his own.

**Psalm 27:10** New International Version (NIV)

**10**Though my father and mother forsake me,  
    the Lord will receive me.

**Psalm 25:16** New International Version (NIV)

**16**Turn to me and be gracious to me,  
    for I am lonely and afflicted.

**Lets Pray**

Father, God of ALL creation. The Alpha, The Omega, The beginning and The end.

Thank You for our Salvation. Thank you that You gave us a way out through Your Son Jesus. Jesus thank you that You came and saved us.

You are a mighty God. Thank you that You left us the comforter, Your Holy Spirit , to work in our lives, to lead us into all truth and righteousness.

Be with us this week. Show us the path You want us to go.

Open our Eyes Lord. Continually guide us

Amen